

Date: 4/29/25

MECHANICAL SOFT GRADES K – 12 LAUSD BREAKFAST, LUNCH, SUPPER MENU
JUNE 9 – 13, 2025

| WEEK 1 | MONDAY 6/9/25 | TUESDAY 6/10/25 | WEDNESDAY 6/11/25 <i>(Few Sites Open)</i> | | |
|------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|----------------------------------------------------------------------------------|--|--|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | | |
| <i>Entrée</i> | Manager's Choice** OR Buttery Maple Waffle V (R2259) | Manager's Choice ** OR Morning Magic Bagel V (R2292) | Manager's Choice ** OR Morning Beef Sausage Sandwich (R0108) | | |
| <i>Fruit (½ c)</i> | Manager's Choice ** OR Applesauce (R3347) | Manager's Choice ** OR Peachy Peaches (R3292) | Manager's Choice ** OR Applesauce (R3347) | | |
| <i>Fruit Juice (½ c, 4 oz)</i> | Manager's Choice ** OR Fruit Juice | Manager's Choice ** OR Fruit Juice | Manager's Choice ** OR Fruit Juice | | |
| <i>Milk, 8 oz.</i> | Milk | Milk | Milk | | |
| LUNCH | LUNCH | LUNCH | LUNCH | | |
| <i>Entrée</i> | Manager's Choice** OR Bean & Cheese Chile Burrito V (R1955) | Manager's Choice** OR Cheese Pizza Wedge V (R1124) | Manager's Choice** OR Chicken Corn Dog (R0920) | | |
| <i>Vegetable (½ c)</i> | Manager's Choice** OR Cooked Carrots (R4374) | Manager's Choice** OR Potato Smiles (R4176) | Manager's Choice** OR Cooked Broccoli (R4278) | | |
| <i>Vegetable (½ c)</i> | Manager's Choice** OR Berry Berry Blue Slush (CMS #2827) | Manager's Choice\$ OR Orange Medley Juice (CMS #1308) | Manager's Choice** OR Paradise Punch Vegetable Juice (CMS #1681) | | |
| <i>Fruit (½ c)</i> | Manager's Choice ** OR Peachy Peaches (R3292) | Manager's Choice ** OR Applesauce (R3347) | Manager's Choice ** OR Perfect Pears (R3212) | | |
| <i>Fruit Juice (½ c, 4 oz)</i> | Manager's Choice ** OR Fruit Juice | Manager's Choice** OR Fruit Juice | Manager's Choice ** OR Fruit Juice | | |
| <i>Milk, 8 oz.</i> | Milk | Milk | Milk | | |
| SUPPER | SUPPER | SUPPER | SUPPER | | |

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| Entrée | Manager's Choice** OR Cheeseburger Sliders (R0137) | Manager's Choice** OR Cheesy Pillows V (R1119) | Manager's Choice** OR Chicken Parmesan Wrap (R5751-DW, R5752-CB) | | |
| Vegetable, (½ c) | Manager's Choice** OR Cherry Smooth Cup (CMS #2364) | Manager's Choice** OR Paradise Punch Vegetable Juice (CMS #1681) | Manager's Choice** OR Berry Berry Blue Slush (CMS #2827) | | |
| Fruit, (½ c) | Manager's Choice** OR Perfect Pears (R3212) | Manager's Choice** OR Cherry Lemon Cup (CMS #2981) | Manager's Choice** OR Peachy Peaches (R3292) | | |
| Milk, 8 oz. | Milk | Milk | Milk | | |
| Manager's Choice* for All Meals: Use inventory on hand. If there is not enough inventory to meet menu needs, then use the "OR" item for the designated service date. No more than half of the fruit offerings for the week may be in the form of juice. For Supper: Fruit and Vegetable – Juice may only be used once to meet the vegetable OR fruit components each day, and NOT for both. | | | | | |
| CONDIMENTS B=Breakfast L=Lunch S=Supper | L: Taco Sauce S: Ketchup, Mustard, Mayo | B: Cream Cheese, (CMS #7097-DW, #9043-CB), Strawberry Jam (CMS #1690) L: Ketchup | L: Ketchup, Mustard | | |

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk (Must serve 2 choices from the following four options – Fat-Free Milk, Low-Fat Milk, Fat-Free Lactose Free Milk, Fat-Free Chocolate Milk, Fat-Free Strawberry Milk)

Breakfast: Based on your students' preferences, Deluxe Cereal or 4 oz. Yogurt (R5617-DW/ R5618-CB) and crackers can be served in place of any breakfast option.

Lunch: Based on your students' preferences and if you would like to give your Mechanical Soft diet additional options, you may serve the following in addition to entrée 1 or in place of it:

1. When appropriate, offer the 8 oz. Yogurt (CMS #7107-DW/#9016-DB and Crackers).
2. Manager's Choice (Sandwich) Daily Options: You can offer any of the following: Turkey Breast & Cheese Sandwich (R0911), Tuna Sandwich (R5619), Toasted Cheese Sandwich (R1086-IW or R1131-scratch) **V**

Fruit: Fresh Banana (CMS #3204) **or** Strawberries (CMS #3246, R3332) can be used any time in place of juice or canned fruit.